July

## Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Muffin Monday with organic fruit and milk	Kids choice cereal and organic fruit milk/yogurt	Hashbrowns, cage-free eggs, organic milk and fruit	*Closed for Holiday	*Closed for Holiday
8	9	10	11	12
Muffin Monday with organic fruit and milk	Kids choice cereal and organic fruit milk/yogurt	Hashbrowns, cage-free eggs, organic milk and fruit	Wholegrain Waffles, organic fruit milk/yogurt	Kids choice cereal and organic fruit milk/yogurt
15	16	17	18	19
Muffin Monday with organic fruit and milk	Kids choice cereal and organic fruit milk/yogurt	Hashbrowns, cage-free eggs, organic milk and frui <b>t</b>	Pancakes, organic fruit milk/yogurt	Kids choice cereal and organic fruit milk/yogurt
22	23	24	25	26
Muffin Monday with organic fruit and milk	Kids choice cereal and organic fruit milk/yogurt	Hashbrowns, cage-free eggs, organic milk and fruit	French Toast, organic fruit milk/yogurt	Kids choice cereal and organic fruit milk/yogurt
29	30	31		
Muffin Monday with organic fruit and mil <b>k</b>	Kids choice cereal and organic fruit milk/yogurt	Hashbrowns, cage-free eggs, organic milk and fruit		

July			Lunch	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Spaghetti & Garlic Bread	Teriyaki Chicken Meatballs with Rice and Peas	BBQ Pulled Chicken Sliders	*Closed for Holiday	*Closed for Holiday
8	9	10	11	12
Chicken Noodle Soup	Chicken & Bean Burritos	Shrimp Scampi	Chicken Tikka Masala with Rice and Naan	Pizza Day
15	16	17	18	19
Chicken & Broccoli Penne Alfredo	Cheese Quesadillas	Chicken Sliders	Chicken Katsu over Rice and Vegetables	Turkey & Cheddar Sandwiches
22	23	24	25	26
Chicken & Vegetable Lo Mein	Chicken Soft Tacos	New England Style Shrimp Rolls	Orange Chicken over Rice and Vegetables	Pizza Day
29	30	31		
Mac & Cheese	Baja Fish Tacos	Japanese Chicken & Vegetable Curry		

July	Snacks				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1	2	3	4	5	
(am) Organic Apples (pm) Cheese & Cracker Plate	(am Waermelon (pm) Banana Muffins	(am) Organic Oranges (pm) Trail Mix	*Closed for Holiday	*Closed for Holiday	
8	9	10	11	12	
(am) Organic Apples (pm) Pita and Hummus	(am) Honeydew (pm) Mango Smoothie	(am) Organic Pears (pm) Chips & Salsa	(am) Organic oranges (pm) Fruit Salad	Chef's choice	
15	16	17	18	19	
(am) Organic Oranges (pm) Salami & Raisins	(am) Cantaloupe (pm) Waffle Sticks & Applesauce	(am) Organic Apples (pm) Fruit Salad	(am) Organic Berries (pm) Watermelon	Chef's choice	
22	23	24	25	26	
(am) Organic Apples (pm) Pita & Cucumbers	(am) Organic Oranges (pm) Cheese & Cracker Plate	(am) Organic Berries (pm) Chips &Guacamole	(am) Canteloupe (pm) Morning Glory Muffins	Chef's choice	
29	30	31			
(am) Organic Oranges (pm) Trail Mix	(am) Honeydew (pm) Organic Berries	(am) Organic Apples (pm) Watermelon			

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