

# September

# Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
<i>*Closed for Holiday</i>	Kids choice cereal and organic fruit milk/yogurt	Hashbrowns, cage-free eggs, organic milk and fruit	French Toast, organic fruit milk/yogurt	Kids choice cereal and organic fruit milk/yogurt
9	10	11	12	13
Muffin Monday with organic fruit and milk	Kids choice cereal and organic fruit milk/yogurt	Hashbrowns, cage-free eggs, organic milk and fruit	Wholegrain Waffles, organic fruit milk/yogurt	Kids choice cereal and organic fruit milk/yogurt
16	17	18	19	20
Muffin Monday with organic fruit and milk	Kids choice cereal and organic fruit milk/yogurt	Hashbrowns, cage-free eggs, organic milk and fruit	Pancakes, organic fruit milk/yogurt	Kids choice cereal and organic fruit milk/yogurt
23	24	25	26	27
Muffin Monday with organic fruit and milk	Kids choice cereal and organic fruit milk/yogurt	Hashbrowns, cage-free eggs, organic milk and fruit	French Toast, organic fruit milk/yogurt	Kids choice cereal and organic fruit milk/yogurt
30				
Muffin Monday with organic fruit and milk				

# September

# Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
<i>*Closed for Holiday</i>	Baked Mac & Cheese	Chicken Yakisoba (Vegetable Yakisoba)	BBQ Chicken with Cornbread and Green Beans (BBQ Tofu)	Pizza Day
9	10	11	12	13
Penne Pasta Bake	Chicken & Cheese Enchiladas (Black Bean Enchiladas)	Grilled Cheese Sandwiches	Teriyaki Chicken over Rice and Vegetables (Vegetable Stir Fry)	Ham & Cheddar Sandwiches (Cheddar, Avocado, & Tomato Sandwiches)
16	17	18	19	20
Shrimp Fried Rice (Vegetable Fried Rice)	Chicken Katsu over Rice and Apples (Tempeh Katsu)	Turkey & Swiss Sliders (Egg & Swiss)	Burrito Bowls	Penne & Meatballs (Penne & TVP Marinara sauce)
23	24	25	26	27
Butter Chicken with Basmati Rice and Naan (Cauliflower)	Baja Fish Tacos (Rice & Bean Tacos)	Turkey and Cheddar Sandwiches (Grilled Cheese)	Roasted Porkloin over Rice and Vegetables (BBQ Tofu)	Pizza Day
30				
Chicken Noodle Soup (Vegetable Noodle Soup)				

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# Snacks

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
<i>*Closed for Holiday</i>	(am) Organic Oranges (pm) Cheese & Cracker Plate	(am) Organic Apples (pm) Trail Mix	(am) Canteloupe (pm) Homemade Granola Bars	Chef's choice
9	10	11	12	13
(am) Organic Oranges (pm) Ham & Raisins	(am) Honeydew (pm) Pumkin Spice Muffins	(am) Organic Pears (pm) Fruit Salad	(am) Organic Apples (pm) Cheese & Cracker Plate	Chef's choice
16	17	18	19	20
(am) Organic Apples (pm) Chips & Salsa	(am) Oranges (pm) Mango Smoothies	(am) Organic Berries (pm) Morning GLory Muffins	(am) Watermelon (pm) Trail Mix	Chef's choice
23	24	25	26	27
(am) Organic Oranges (pm) Cheese & Cracker Plate	(am) Organic Berries (pm) Pita & Dip	(am) Organic Apples (pm) Fruit Salad	(am) Organic Pears (pm) Trail Mix	Chef's choice
30				
(am) Organic Apples (pm) Peaches				