

# November

# Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				Kids choice cereal and organic fruit milk/yogurt
4	5	6	7	8
Muffin Monday with organic fruit and milk	Kids choice cereal and organic fruit milk/yogurt	Hashbrowns, cage-free eggs, organic milk and fruit	French Toast, organic fruit milk/yogurt	Kids choice cereal and organic fruit milk/yogurt
11	12	13	14	15
Muffin Monday with organic fruit and milk	Kids choice cereal and organic fruit milk/yogurt	Hashbrowns, cage-free eggs, organic milk and fruit	Wholegrain Waffles, organic fruit milk/yogurt	Kids choice cereal and organic fruit milk/yogurt
18	19	20	21	22
Muffin Monday with organic fruit and milk	Kids choice cereal and organic fruit milk/yogurt	Hashbrowns, cage-free eggs, organic milk and fruit	Pancakes, organic fruit milk/yogurt	Kids choice cereal and organic fruit milk/yogurt
25	26	27	28	29
Muffin Monday with organic fruit and milk	Kids choice cereal and organic fruit milk/yogurt	Hashbrowns, cage-free eggs, organic milk and fruit	<i>*School closed for Holiday</i>	<i>*School closed for Holiday</i>

# November

# Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				Butternut Squash Mac & Cheese
4	5	6	7	8
Loaded Baked Potatoes	Crispy Chicken Tacos (Black Bean & Rice Tacos)	Pork Katsu with Rice & Vegetables (Tempeh Katsu)	Chicken Sliders (Garden Burger Sliders)	Pizza Day
11	12	13	14	15
Chicken & Vegetable Lo Mein (Vegetable Lo Mein)	Chicken & Cheese Burritos (Bean & Cheese Burritos)	Chicken Bao (Mushroom Bao)	Roasted Pork Loin with Roasted Sweet Potatoes & Vegetables (Tofu)	Cheese Ravioli with Marinara Sauce
18	19	20	21	22
Sunflowerbutter & Jelly Sandwiches	BBQ Chicken with Rice & Vegetables (BBQ Cauliflower)	Ham & Cheddar Sandwiches (Avocado, Tomato, & Cheddar)	Cheese Quesadillas	Pizza Day
25	26	27	28	29
Clam Chowder & Breadsticks (Corn Chowder)	Strombolis	Grilled Cheese Sandwiches	<b>*School Closed for Holiday</b>	<b>*School Closed for Holiday</b>

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# Snacks

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				Chef's choice
4	5	6	7	8
(am) Oranges (pm) Cheese & Cracker Plate	(am) Berries (pm) Chips & Salsa	(am) Apples (pm) Mandarin Oranges	(am) Canteloupe (pm) Berry Muffins	Chef's choice
11	12	13	14	15
(am) Apples (pm) Salami & Cheese Sticks	(am) Honeydew (pm) Berry Smoothies	(am) Pears (pm) Chips & Salsa	(am) Oranges (pm) Cheese & Cracker Plate	Chef's choice
18	19	20	21	22
(am) Apples (pm) Trail Mix	(am) Oranges (pm) Yogurt Parfaits	(am) Berries (pm) Chips & Guacamole	(am) Pears (pm) Pumpkin Muffins	Chef's choice
25	26	27	28	29
(am) Oranges (pm) Cheese & Cracker Plate	(am) Berries (pm) Ham & Raisins	(am) Apples (pm) Mandarin Oranges	<b><i>*School Closed for Holiday</i></b>	<b><i>*School Closed for Holiday</i></b>