

# January

# Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		<i>*School Closed for Holiday</i>	Wholegrain Waffles, organic fruit milk/yogurt	Kids choice cereal and organic fruit milk/yogurt
6	7	8	9	10
Kids choice cereal and organic fruit milk/yogurt	Muffins with organic fruit and milk	Hashbrowns, cage-free eggs, organic milk and fruit	Pancakes, organic fruit milk/yogurt	Kids choice cereal and organic fruit milk/yogurt
13	14	15	16	17
Kids choice cereal and organic fruit milk/yogurt	Muffins with organic fruit and milk	Hashbrowns, cage-free eggs, organic milk and fruit	French Toast, organic fruit milk/yogurt	Kids choice cereal and organic fruit milk/yogurt
20	21	22	23	24
<i>*School Closed for Holiday</i>	Muffins with organic fruit and milk	Hashbrowns, cage-free eggs, organic milk and fruit	Wholegrain Waffles, organic fruit milk/yogurt	Kids choice cereal and organic fruit milk/yogurt
27	28	29	30	31
Kids choice cereal and organic fruit milk/yogurt	Muffins with organic fruit and milk	Hashbrowns, cage-free eggs, organic milk and fruit	Pancakes, organic fruit milk/yogurt	

# January

# Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		<i>*School Closed for Holiday</i>	Mac & Cheese	BBQ Chicken with Rice & Vegetables (BBQ Tofu)
6	7	8	9	10
Shrimp & Angel Hair Pasta Scampi (Mushroom)	Homemade Chicken Tenders with Dipping Sauce (Cauliflower Tenders)	Chicken Slider Burgers (Gardenburgers)	Pork Katsu with Rice and Apples (Tempeh Katsu)	Pizza Day
13	14	15	16	17
Shrimp Fried Rice (Vegetable Fried Rice)	Chicken, Bean, & Cheese Burritos (Bean and Cheese)	Monte Cristo Sandwiches	Apple & Cheddar Waffles w/ Honey Ham	Shrimp & Avocado Sushi Rolls (Cucumber & Avocado)
20	21	22	23	24
<i>*School Closed for Holiday</i>	Chicken Tacos (Black Bean)	Cheese Ravioli	Herb Roasted Chicken with Cucumbers and Naan (Herb Tofu)	Pizza Day
27	28	29	30	31
Chicken Yakisoba (Veggie Yakisoba)	Cheese Quesadillas	Teriyaki Chicken Meatballs with Rice & Vegetables (Tempeh)	Roasted Porkloin with Mashed Potatoes & Apples (Chicpea Fritters)	Turkey & Cheddar Sandwiches (Tomato, Avocado, & Cheddar)

# January

# Snacks

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		<i>*School Closed for Holiday</i>	(am) Oranges Bananas & Nilla Wafers (pm)	Chef's choice
6	7	8	9	10
(am) Oranges (pm) Cheese & Cracker Plate	(am) Berries (pm) Chips & Salsa	(am) Apples (pm) Mandarin Oranges	(am) Canteloupe (pm) Berry Muffins	Chef's choice
13	14	15	16	17
(am) Apples (pm) Salami & Cheese Sticks	(am) Honeydew (pm) Berry Smoothies	(am) Pears (pm) Chips & Salsa	(am) Oranges (pm) Cheese & Cracker Plate	Chef's choice
20	21	22	23	24
<i>*School Closed for Holiday</i>	(am) Honeydew (pm) Morning Glory Muffins	(am) Organic Apples (pm) Cheese & Cracker Plate	(am) Pears (pm) Pumpkin Muffins	Chef's choice
27	28	29	30	31
(am) Oranges (pm) Cheese & Cracker Plate	(am) Organic Apples (pm) Mango Smoothies	(am) Organic oranges (pm) Salami and Raisins	(am) Canteloupe (pm) Zucchini Muffins	Chef's choice