

Week of February 3rd - 7th

# Monday February 3rd

## Honey Mustard Tempeh

tempeh roasted and glazed in our homemade honey mustard sauce served with roasted rosemary potatoes and sauteed vegetables

# Tuesday February 4th

## **Ginger Hoisin Shiitake Rice Bowls**

jasmine rice, sauteed marinated shiitake mushrooms, roasted vegetables, and a ginger hoisin sauce

## Wednesday February 5th

## **Vegetable Pot Pie** hearty stewed vegetables topped with fresh baked pie crust in a "personal pie" serving size

# Thursday February 6th

## **BBQ Veggie Burger Sandwiches**

veggie burger patty sandwich glazed with BBQ sauce served with classic coleslaw and mac & cheese

# Friday February 7th

## Monte Cristo Sandwich

classic griddled sandwich made swiss cheese and dipped in french toast batter served with fruit salad and preserves

Prixe Fixe Meal Addition: Fruit Salad/ Hash Brown Patty



Week of February 10th - 14th

# Monday February 10th

## Cauliflower Tikka Masala

tender stewed cauliflower in a rich and creamy aromatic spiced sauce served over basmati and naan

# Tuesday February 11th

### Calabacitas Quesadillas

quesadilla with grilled seasoned zucchini with sauteed peppers & onions mixed with monterey jack cheese served with sour cream and guacamole

## Wednesday February 12th

#### **Moroccan Eggplant**

seared eggplant tossed in our spiced Harrisa sauce and served with couscous and a cucumber salad

# Thursday February 13th

#### Tempeh Katsu

crispy breaded tempeh cutlet served with tonkatsu sauce over sticky rice and mac salad

# Friday February 14th

#### BBQ Cauliflower roasted cauliflower tossed in our homemade barbeque sauce served with mashed potatoes and coleslaw

Prixe Fixe Meal Addition: Biscuit/ Snickerdoodle Cookie



Week of February 17th - 21st

# Monday February 17th

## Herb Roasted Greek Tofu

roasted seasoned tofu served with tzatziki sauce, and roasted zucchini and potatoes

## **Tuesday February 18th**

## Potato & Bean Enchiladas

classic enchiladas stuffed with fried potatoes, refried beans, and monterey jack cheese served with a side of sour cream and guacamole

# Wednesday February 19th

## Japanese Vegetable Curry

traditional Japanese style curry stewed with tofu and fresh vegetables served over sticky rice

# Thursday February 20th

#### Blackened Tofu pan seared tofu filet seasoned and served with tartar sauce, steamed rice, and sauteed green beans

# Friday February 21st

## Hoisin Shiitake Lettuce Wraps

Sauteed shiitake mushrooms tossed with our homemade hoisin sauce and sauteed garlic, ginger, and scallion served with a side of rice and butter lettuce

Prixe Fixe Meal Addition: Egg Rolls/ 5-spice Shortbread



Week of February 24th - 28th

# Monday February 24th

Calabacitas Tacos

assorted roasted vegetables topped with fresh slaw, mango avocado salsa, and corn tortilla

# Tuesday February 25th

## Sweet Potato Mole Plate

roasted sweet potatoes in our house made spiced mole sauce served with a side of rice, beans, and corn tortillas

# Wednesday February 26th

## Tofu & Broccoli

stir fried tofu with broccoli and scallions tossed in a sweet and savory sauce and served over sticky rice

# Thursday February 27th

## Falafel Wrap

house made falafel, tomato, cucumber, feta cheese, kalamata olives, romaine lettuce, tzatziki sauce

# Friday February 28th

## Ravioli Marinara

cheese stuffed ravioli tossed with our homemade marinara sauce

## Prixe Fixe Meal Addition: \*Unavailable due to staffing